



## **FREE Audio Conferences\***

Presented by **Ohio Pain Initiative** in recognition of

### **Pain Awareness Month** **September 2009**

***The mission of OPI is to promote the appropriate application of standards of care to relieve suffering from pain.***

**September 1, 2009 12 noon to 1pm**

***Effects of Pain on the Whole Person: "I'm more than this illness!"*** - Doug Cluxton, MA, LPC

This session will focus on the importance of assessing pain from a holistic perspective and will explore interventions to address various psychosocial and spiritual aspects of pain.

**September 15, 2009 12 noon to 1pm**

***Understanding Pain and Addiction*** - Glenn Swimmer, PhD

Join us as we look at the pain experience and definitions as well as models of addiction. Through the use of case studies, the scope of the problem, prescription drug abuse, pseudoaddiction, diversion and treatment will be among the topics addressed.

**September 22, 2009 12 noon to 1pm**

***Winning Strategies for Pain Management Process Improvement*** – Cathy Trame, MS, RN, CNS, BC

This session will explore the links between pain management and other satisfaction scores while discussing necessary steps to achieve improved pain management in the patient care environment.

**September 29, 2009 12 noon to 1pm**

***Atypical Pains 101*** – Ann Hudson, RN, CHPN

Join us for this session as we discuss principles of pain management, atypical pains management, as well as pharmacological and non-pharmacological interventions.

**Instructions:** Please follow the detailed instructions below.

\* **Continuing Education:** There are no registration fees for these audioconferences; there is a fee of \$15 for nurses who wish to apply for continuing nursing education contact hours. Participants who listen to the entire activity, complete the evaluation form, and submit the Verification and CE Request form along with \$15 per session attended, will earn 0.91 contact hours for each session. See the Verification and CE Request form for details.

These continuing nursing education activities were approved by the Ohio Nurses Association (OBN-001-01), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Approval valid through August 24, 2011. Assigned ONA #14,208; #14,209; #14,210; & #14,211.

**Disclosures:** There is no commercial support for these activities. No speaker or member of the planning committee has any financial interest or relationship with the manufacturers of any commercial products that may be discussed in this educational presentation. Ann Hudson (Atypical Pains 101) does intend to discuss the following that are not all FDA approved for the treatment of pain: antidepressant, anticonvulsant, and anticholinergic agents.

## Please follow the AudioConference instructions listed below carefully.

### **Step 1. To Access the Handouts for the Audioconference**

You have two options for accessing the handouts for the audioconferences:

- Request the file via email **at least 72 hours before the individual conference** from [ohiopain@ohiopaininitiative.org](mailto:ohiopain@ohiopaininitiative.org) . (or)
- Go to OPI's website: [www.ohiopaininitiative.org](http://www.ohiopaininitiative.org). Go to Upcoming Events at the bottom of the home page. Click on the conference you are planning to attend and open the "handout" folder. You may view the handout online while listening to the audiopresentation via a phone line, or you can print the file for writing notes.

### **Step 2. To Access the Call:**

We suggest that you dial into the following number *no more than 5 minutes before* the call is scheduled to begin:

- **dial toll-free, 1-877-643-6951**
- **when prompted, enter the participant access code: 77820176#**
- **you will be on hold until the host joins the call**

We would ask that you utilize the mute command while you are on the call by pressing:

- **\*6**
- **press \*6 again to un-mute during the question and answer time**

### **Step 3. To apply for continuing nursing education contact hours.**

Participants who listen to the entire activity, complete the evaluation form, and submit the Verification and CE Request form along with \$15 per session attended, will earn 0.91 contact hours for each session. See the Verification and CE Request form for details.

These continuing nursing education activities were approved by the Ohio Nurses Association (OBN-001-01), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Approval valid through August 24, 2011. Assigned ONA #14,208; #14,209; #14,210; & #14,211.

The Evaluation forms and Verification and CE Request Form are available by email request at [ohiopain@ohiopaininitiative.org](mailto:ohiopain@ohiopaininitiative.org) or on the website at [www.ohiopaininitiative.org](http://www.ohiopaininitiative.org) under Upcoming Events.